# Beginnings, Middles and Ends

**Beginnings are exciting**

**And terrifying, and disorienting**

**Beginnings heighten your senses**

**Bring disturbing dreams and restless nights**

**Beginnings remind you of what you know**

**And whisper “you’re an imposter “**

**Beginnings come after forks in roads**

**Where each decision brings a hopeful place.**

**Beginnings force new friendships**

**New teammates, new alliances**

**Beginnings place you on a precipice**

**Where failure and success stand as equals**

**Beginnings are exciting.**

**Middles are exciting**

**And comfortable and full of confidence**

**Middles help you know who you are**

**And what you can be and who your friends are**

**Middles bring choices more confident**

**And restful sleep and new hobbies**

**Middles bring a flow to life**

**And clear judgement and question to be debated**

**Middles bring stories upon stories**

**And an appreciation of strain and challenge**

**Middles have books and songs**

**And new wardrobes and foods.**

**Middles are exciting**

**Ends are exciting**

**And foggy and jumbled**

**Ends are sad and apprehensive**

**And full of decisions and choices**

**Ends bring thank you’s**

**And goodbyes and fortune to find**

**Ends cause hunger to learn**

**With deep questions and learning**

**Ends bring critical talks**

**And offers and negotiations**

**Ends cause knots in your gut**

**And smiles between friends**

**Ends bring new beginnings.**

**Beginnings are exciting.**